

Maurizio Maltese's Curriculum Vitae

Introduction

This C.V. is to certify both Maurizio Maltese's long schooling and professional training and his competence in the study of man's forms of expression through media such as music, Eastern and Western methods related to movement and teaching. His intense activity as a teacher, from Infant School to University (he has been teaching in Italian Junior High School since 1978), in more than 20 years, can also certify his ability in transmitting this knowledge, often being promoter of important initiatives both in private and in public schools. His teaching activity also includes many private courses which particularly apply to professional people wanting to enrich their knowledge and to students wanting to learn a profession. These courses are regularly held in Milan or – during the weekends – in different places in Italy and Europe: they have trained many experts operating in various sectors of society, ranging from school to army and police forces. His numerous study travels in the East have gained Prof. Maltese the knowledge of first-hand methods and techniques published in more than 10 books in Italy, some of which are currently being translated in other European languages. These books have been introduced by important people ranging from University professors to military experts. Through the newest media such as videomagazines and theme videocassettes, Prof. Maltese's activity is now reaching various countries in Europe, the USA and South America. Moreover, his musical competence combined with his knowledge of movement techniques in high-level performances presented in many cultural sectors such as contemporary music. Through direct field-work research, Prof. Maltese has recovered movement techniques for both health and self-knowledge, dances, magic-religious rituals and unknown martial arts, not only during his long travels in the Asiatic South-East (where he has been given prestigious acknowledgements, also by Governmental Institutions), but also in Europe and in Italy. His bibliographical research has allowed Prof. Maltese to link Italian treatises about Renaissance and Pre-Renaissance fencing of the 1400s and 1500s to Asiatic South-East disciplines, as shown in his book “ Sword and Dagger – European Martial Arts in Philippine Kali “ and in his following book “Italian Martial Arts” (to be published in January 2002). In this work, he is attempting a historical and technical reconstruction of disciplines used in Italy about 500 years ago. In short, Prof. Maltese's intense activity as a researcher and a promoter in the field of martial arts is to be seen not only in its practical sport aspect but, above all, as a means for a deep inquiry of the culture of the peoples who have produced this form of expression, which is now more and more assuming the value of a formative and educational means for the individual. Together with Eastern methods and techniques, Prof. Maltese has also studied Western ones such as “harmonization physique”, “cranium-sacral therapy” (diploma), “non-verbal communication and dynamic hypnosis” (diploma) and after a 4-year course he has been given the Italian and USA diploma in the “Feldenkrais method”. His production as a columnist is also quite large and varied (see documentation included).

Professional Data

- Teacher of Musical Education in the Italian Junior High School since 1978; in 1988 he got a diploma in Music Teaching; in 1989 he passed the Italian State examination for teaching in public schools with 71/80.
- Violinist in chamber music orchestra (Chamber Orchestra “La Follia” of Lecco), jazz orchestra (concerts, European festivals and a L.P.), pop orchestra (Orchestra of Canale 5, a Private Italian TV Channel); with different small bands he has held many educational concerts in schools and libraries.

- He has got a grant from the Hungarian government and the Italian Department for Foreign Affairs, obtaining a diploma in the “Z. Kodaly” method for Music Teaching.
- “Honoris causa” degree in Communication acknowledged by Leibniz University of Santa Fe, New Mexico (USA) in July 2001.
- In the schoolyear 1993/94, the Education Department of the Town Council of Milan asked him to hold a course for Infant School teachers in Music and Movement; the same course was held for the following 3 years.

To his musical studies, Prof. Maltese has always added the study of martial arts and the disciplines related to the knowledge and development of human potentialities, both of Western and of Eastern origin.

- Since 1990 he has been a technical instructor of “Wu Shu Sanda”, acknowledged by Fitak – Coni, as a superior 2nd grade black belt.
- In 1991 he got the 1st grade black belt in Arnis de Mano with Master Jun ibanez Matagaj (diploma acknowledged by Marcos Foundation – Philippines).
- In 1992 he got the black belt in “Kali Arnis Escrima” from the BKAEF (British Kali Arnis Escrima Federation) of London.
- In 1992 Master Bob Breen, president of the EAKEF (European Arnis Kali Escrima Federation), acknowledged him the diploma of guru instructor of “Arnis Kali Escrima” in the different styles included in the EAKEF program.
- Prof. Maltese is a delegate member and a referee of the European Federation EAKEF.
- In 1992, after a regular 4-year course held by Ruthy Alon, he obtained the diploma (Feldenkrais Guild – USA) for the teaching of “Functional Integration – Knowing Yourself Through Movement – The Feldenkrais Method”. The Feldenkrais method is well known all over the world and his books, as well as his students’ ones, are now read and translated in many languages.
- He has also studied “Harmonization physique” (a French method coming from dance) with its founder himself (prof. Ciro Bruni).
- During the 4-year course, through direct contact with the teachers, he has studied the techniques for self-defence and security taught by Master Feldenkrais (first Judo black belt in the West) during II World War to British commandos and Israelian security forces; this research has led to the publication of his book “Close Combat”.
- In 1992, after a course held by the Italian Fencing Federation, he got his diploma in fencing with Master Lodetti.
- In 1993, in Italy, Prof. Maltese founded the AKEA (Arnis Kali Escrima Association), being its technical co-ordinator and president (subsequently vice-president), and started promoting Asiatic South-Eastern martial arts for the first time all over Italy. These disciplines (Kali, Pençak Silat, Kuntao) and also Jeet Kune Do / Jun Fan Kung Fu have been studied by Prof. Maltese with many other world-famous experts such as:
 - a) Master Dan Inosanto (Los Angeles), one of the major authorities in Jeet Kune Do and Philippine martial arts;
 - b) Master Richard Bustillo (Los Angeles), superior 9th grade of the Philippine martial arts system *doce pares* president of the World Federation WEKAF (see introduction to Prof. Maltese’s book about Kali);
 - c) Master Bob Breen (London), president of the first European federation and main exponent of these martial arts in Europe (see introduction to Prof. Maltese’s book about Kali);
 - d) Cass Magda (Canada) and Nino Pilla (Australia) (see introduction to Prof. Maltese’s book about Kali).

- He has also studied Judo with Master Alfredo Festa and Master Giorgio Ciampi VI Dan Filpjk Coni ; Viet Vo Dao with Master Ngo Ko Viet ; Vin Xuan with Master Kim Long ; Hap Ki Do with Master Kim Jon Ho ; Aikido with Master Giovanni Gioconto.
- In 1994 he got his 1st and 2nd level diploma in “Cranium-Sacral Therapy” with prof. Joseph Marszal of the Pacific Institute of San Francisco,USA.
- In 1995 he founded the UNCLE Project (Unarmed Combat for Law Enforcement), a self-defence and security program especially designed for army and police forces operating in high-risk situations; thanks to their effectiveness and easiness in being learnt, these techniques are currently used by Special Agents of the most important Government police forces in Italy and the USA, and also officially taught in the Police Training School of Trieste. Moreover, instructors are now using this system in the Italian army and police forces. For this, Prof. Maltese has been given an official acknowledgement by the Italian DIA and the USA DEA.
- In 1995 he got the ACSI – CONI diploma for teaching “Education to the Natural Movement” and as an “Operator of Holistic Biosystems”.
- 1st Dan black belt in Karate (acknowledged by CSEN – CONI).
- For more than 15 years Prof. Maltese has been carrying on research in Indonesia and Malaysia, discovering and studying fighting techniques and movement systems threatened by extinction such as:
 - a) Cidepok Pençak Silat and Citembak Silat from Bali (documented in 2 books and many articles);
 - b) Harimau of Sumatra, studied with a real living authority, Master Malano ,currently aged 84, acknowledged by the Indonesian government in 1995 (see documentation in Prof. Maltese’s books about Silat);
 - c) Satria Muda system with dewa Guru Nasrullah, expanding his teaching in Europe (see documentation in his books about Indonesian Silat);
 - d) Sri Murni method, Indonesian energetical techniques (see documentation in the book related and in many articles published in specialized magazines.
- In 1997 Prof. Maltese founded ISAM (Superior Institute for Martial Arts), acknowledged by ACSI – CONI and by FIAM (Italian Federation of Martial Arts) ; in this Institute, the following subjects are currently taught:
 - 1) Kali Arnis Escrima (Philippine martial arts);
 - 2) Jeet Kune Do – Jun Fan Kung Fu;
 - 3) Indonesian Pençak Silat:
 - a) Cidepok style of Bali;
 - b) Harimau (tiger) style of Sumatra,
 - c) Satria Muda system: - Kumango style, Pauh style, Sterlak style, Panjan style, Sunu style, Lintao style, Bayang style, Macan (tiger) style, Buaya (crocodile) style, Kucing (cat) style;
 - 4) Sri Murni system (Indonesian energetic school);
 - 5) Oriental gymnastics;
 - 6) UNCLE Project for the army and police forces;
 - 7) Self – defence;
 - 8) European martial arts (from traditional fencing to fighting techniques of the European culture);
 - 9) Thai Yuth (martial method and psycho-physical gymnastics from Thailand: Town Council diploma from the city of Yala, Asia champion city for health and fitness).
- FIAM (Italian Federation of Martial Arts) has acknowledged Prof. Maltese with the grades of Master and National Technical Director in:

- a) Indonesian and Malaysian Pençak Silat (diploma);
- b) Kali Arnis Escrima (diploma);
- c) Jun Fan Kung Fu and Jeet Kune Do, technical level superior 5th grade (diploma);
- d) Self-defence (diploma).

The same acknowledgements have come from ACSI – CONI.

- Prof. Maltese regularly teaches all these martial arts and psycho-physical disciplines at “Associazione Studi e Ricerche C.E.M.”, via Lusardi 8, 20122 Milano, Italy. He also makes ISAM activities known around Italy and Europe with seminars, conferences and lessons held in various towns (a list of 3-year courses and seminars held is available), winter private sessions and summer intensive courses.
- In 1999 he started to collaborate in research with ISEF (Institute for Physical Education) in Milan – see documentation enclosed.
- In 1998 in Sumatra, Indonesia, he got 3 diplomas certifying his knowledge and studying of the Minankabau culture (a Western Sumatra ethnic group) – see documentation enclosed.
- In April 2000 he collaborated with ISEF Lombardia (Italy) as a teacher in the self-defence course organized for the students of the Institute with the patronage of Filpjk-Coni.
- In 1999, after attending a course, he got a diploma in “Dynamic Hypnosis and Non-Verbal Communication” (Stefano Benemeglio method) from CID CNV (Centers for Dynamic Hypnosis and Non-Verbal Communication).
- In August 1999 he took part in a course at the University College of Yala, Thailand, and was acknowledged with the title of Instructor in Thai Yuth by the Mayor of the city in a ceremony attended by all military and civil authorities.
- In the academic year 1999/2000 he was a teacher in the self-defence course organized by ISEF Lombardia (today a University College)in Milan – see documentation, introduction to his book “Sword and Dagger”, text written in collaboration with prof. Pietro Luigi Invernizzi and Principle prof. Franco Mauro, with the patronage of ISEF and an introduction by the University Chairman (certification enclosed).

Publications

A) For “Edizioni Mediterranee”, Rome

- 1) *Kali – The Art of Philippine Total Fighting*, introduced by the main exponents of these disciplines in the world (1995-1997-2000, 176 p.). A theoretical and practical explanation of the Philippine martial tradition.
- 2) *Silat Cidepok – Bali Ancient Martial Art*, introduced by Giorgio Brancaglione of the editorial staff of the monthly magazine “Magnum”; by Ennio Falsoni, President of FIAM; by Prof. Giovanna Salvioni, teacher of Anthropology and Ethnology at the Catholic University of Milan. Translated in German and published in 1997, 190 p. A theoretical and practical explanation of an ancient discipline from Bali.
- 3) *Close Combat – Hand to Hand Fighting* (the best fighting techniques taken from Kali, Silat, Jeet Kune Do and Israelian martial arts). Introduced by a Marshal of the special detachment of Carabineers “ROS”; by Ignazio Loi, artillery artificer and self-defence expert of the Police; by Marcello Maggio, Captain of the Italian Army. 176 p. An integrated method of fighting techniques.
- 4) *Sri Murni – The Indonesian School of Internal Energy*, published in January 2000, 150 p. An Indonesian psycho-physical discipline with an explanation of the system and the philosophical and religious theory.

- 5) *Pençak Silat Citembak – Bare Hands and Weapons*, published in March 2000, 168 p. A theoretical and practical explanation of a martial discipline developed on Bali Island.
- 6) *Sword and Dagger – Stick and Knife* (European martial arts in Philippine Kali). Introduced by Pietro Luigi Invernizzi, teacher at ISEF Lombardia; by Adriano Amari, historical architect and Japanese martial arts Master; by Gianni Tucci, Maths teacher and Karate Master; by Antonio Giuffré, engineer and publisher of the Giuffré Editions. 176 p. A historical research about the fighting techniques of Philippine natives and the European Renaissance traditions.
- 7) *SIA – A Self-defence Integrated System*, to be published in September 2001 by Carabà Editions, Milan. A scientific and methodological research about self-defence in collaboration with the University of Milan (Faculty of Science of Movement).
- 8) *Oriental Gymnastics*, to be published in April 2002.
- 9) *Italian Martial Arts*, to be published in April 2002. A historical research about fighting techniques in Italy during Pre-Renaissance and Renaissance.

B) For “Edizioni Tecniche Nuove”, Milan

The Italian edition of *Sound Therapy*.

C) For “Edizioni De Vecchi”, Milan

Some texts about martial arts (Ninja, self-defence...).

D) For “Sport Promotion” and “Luni Editrice”, Milan

10 pages in the *Encyclopaedia of Martial Arts*.

E) For “Budo International” Editions

Teaching videocassettes with a wide international circulation (in 30 countries of 3 continents, translated in 5 languages):

- Teaching videocassette of Kali Arnis Escrima (June 2001)
- Teaching videocassette of Pençak Silat Cidepok and Harimau (December 2001)
- Teaching videocassette of Close Combat 1 & 2 (April 2002)

F) For “Black Panther Production”, Asti Italia

Participation in the first 3 issues of the Videomagazine about martial arts, fitness and fighting sports; Prof. Maltese has introduced Indonesian disciplines with interviews, lessons and practical demonstrations.

G) TV events

- 1) Interview for Tele4 Trieste
- 2) Participation in the Universal Studios documentary **The Way of the Warrior** (already transmitted in Spain).

Forthcoming publications

For “Edizioni Mediterranee”, Rome

- 1) *Self-defence with “Dos Puntas”* (the traditional Spanish weapon in the Philippines)
- 2) *Self-defence with Flexible Weapons* (from the Eastern to the Western tradition)

Specialized magazines

- 1) Prof. Maltese has been an expert about security and martial arts for the monthly magazine “Magnum”, writing articles and technical notes, in the years 1994-1998.
- 2) He has been an expert about the history of martial arts for “Armi European Magazine” in the years 1996-1998.
- 3) He collaborates with many Italian specialized magazines:
 - “Samurai”
 - “Quaderni d’Oriente”
 - “Zen Project”
 - “Bruce Lee Kung Fu Magazine”
 - Arti d’Oriente

He has also been interviewed by many other non-specialized magazines and Newspapers (a complete list is available).

Music, body expression and martial arts

Prof. Maltese collaborates with “Zone” of Maestro Maurizio Pisati, composer and teacher at the Conservatory of Castelfranco Veneto. There he combines musical experience, body expression and martial arts. The following events can be outlined:

- Animato 93, Rome, with the collaboration of RAI (the Italian Broadcasting state company)
- Summer in the cloisters of Umanitaria, Milan
- Milan 1993 at “TANGRAM” Milan 1995
- European Festival of Ferentino, Rome
- Conservatory of Padova 1996
- Festival of Contemporary Music, Varsavia, Nov. 1998
- Participation in the CD Taxi La Record Production.